

# Effects of Snack Types on Acute Glucose and Insulin Response

NCT03956602

---

Status	RECRUITING
Phase	Not Applicable
Sponsor	San Diego State University
Enrollment	160 participants

## Key Eligibility Criteria

---

### Inclusion (1)

- years old

### Exclusion (5)

- Smoker
- Pregnant woman
- Required dietary supplement use
- Required medication of metabolic disorders
- Allergy to nuts or gluten (wheat)

## Locations (1 total)

---

School of Exercise and Nutritional Sciences, SDSU, San Diego, California, United States