

# Geospatial Analysis of Neighborhood Environmental Stress in Relation to Biological Markers of Cardiovascular Health and Health Behaviors in Women

NCT04014348

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**Status** RECRUITING  
**Sponsor** National Heart, Lung, and Blood Institute (NHLBI)  
**Enrollment** 250 participants

## Key Eligibility Criteria

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### Inclusion (8)

- Individuals eligible for this protocol:
- A healthy self-identified White female (i.e. self-identifies as White or of European descent) or healthy Black female (i.e. self-identifies as Black, African American, or of African descent)
- Must be between 19 to 45 years of age
- Must not have any chronic health condition (i.e.: cardiovascular, autoimmune, endocrinologic), or active infection
- Must be living in Washington, DC
- ... and 3 more (see full listing online)

### Exclusion (11)

- Pregnant or breast feeding
- Physically unable to perform physical activity for any reason
- Subject had weight changes greater than 20% over the past 3 months
- Subject is obese by our measurements (BMI greater than or equal to 35.0 kg/m<sup>2</sup>)
- If you have high or low blood pressure requiring medications
- ... and 6 more (see full listing online)

## Locations (1 total)

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National Institutes of Health Clinical Center, Bethesda, Maryland, United States