

Dyad Plus Effectiveness/Feasibility

NCT04036331

Status	RECRUITING
Phase	Not Applicable
Sponsor	Wake Forest University Health Sciences
Enrollment	90 participants

Key Eligibility Criteria

Inclusion (4)

- Eligible for enrollment in Brenner FIT and/or By Design Essentials
- Caregiver who lives in the house with a BMI \geq 30
- No contraindication for physical activity or caloric restriction
- Must be able to read and write English

Exclusion (3)

- BMI $<$ 30
- Contraindication for physical activity or caloric restriction
- Cannot read or write English

Locations (1 total)

Wake Forest Baptist Medical Center, Winston-Salem, North Carolina, United States