

NAUTICAL: Effect of Natriuretic Peptide Augmentation on Cardiometabolic Health in Black Individuals

NCT04055428

Status	RECRUITING
Phase	Phase 2
Sponsor	University of Alabama at Birmingham
Enrollment	200 participants

Key Eligibility Criteria

Inclusion (3)

- Adults: Age more than or equal to 18 years of age
- Self-identified race/ethnicity as African-American or Black
- Blood pressure: 120-160/80-100 mmHg

Exclusion (13)

- Women who are pregnant or breastfeeding or who can become pregnant and not practicing an acceptable method of birth control during the study (including abstinence)
- Have any past or present history of cardiovascular diseases (stroke, myocardial infarction, heart failure, transient ischemic attack, angina, or cardiac arrhythmia)
- BP more than 160/100 mmHg
- BMI ≥ 45 kg/m²
- History of diabetes or fasting plasma glucose ≥ 126 mg/dL or HbA1C $\geq 6.5\%$
- ... and 8 more (see full listing online)

Locations (1 total)

University of Alabama at Birmingham, Birmingham, Alabama, United States