

Flexi Band Resistance Training Versus EMS Exercise in Patients With the Diagnosis of Malignant Diseases

NCT04067167

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Erlangen-Nürnberg Medical School
Enrollment	100 participants

Key Eligibility Criteria

Inclusion (3)

- malignant disease (solid or hematological cancer): head and neck cancer, colorectal carcinoma, small intestinal cancer, gastric cancer, oesophageal cancer, pancreas carcinoma, liver cell carcinoma, cholangiocarcinoma, lung cancer, breast cancer, cervix cancer, ovarian cancer, prostate cancer, renal cell carcinoma, malignant melanoma, patients with leukaemia and malignant lymphomas or Graft-versus-Host-Disease after bone marrow transplantation
- ongoing or planned curative or palliative anti-cancer therapy
- ECOG-Status 0-2

Exclusion (10)

- simultaneous participation in other nutritional or exercise intervention Trials
- bone metastases with high fracture risk
- cardiovascular disease
- use of anabolic medications
- epilepsy
- ... and 5 more (see full listing online)

Locations (1 total)

Department of Medicine 1, Hector-Center for Nutrition, Exercise and Sports, Erlangen, Germany