

Home-based Cycling for People With Lumbar Spinal Stenosis

NCT04075539

Status	RECRUITING
Phase	Phase 3
Sponsor	Assistance Publique - Hôpitaux de Paris
Enrollment	302 participants

Key Eligibility Criteria

Inclusion (3)

- age e 50 year-old
- radicular claudication (i.e. walking-induced low back, buttock and/or leg pain, relieved in sitting and/or lumbar flexion positions) diagnosed by a physician
- MRI or CT-scan findings consistent with LSS reported on a written radiology report provided by a board-certified radiologist or a resident in radiology

Exclusion (9)

- inability to speak and/or read French language
- inability or refusal to perform ergometric bicycle at home
- patients already having an ergometric bicycle at home
- history of lumbar spine surgery in the previous 12 months
- cognitive disorders
- ... and 4 more (see full listing online)

Locations (1 total)

Assistance Publique - Hôpitaux de Paris, Service de Rééducation et de Réadaptation de l'Appareil Locomoteur et des Pathologies du Rachis, Hôpital Cochin, Paris, Île-de-France Region, France