

Late Evening and Early Morning Protein Supplement to Reduce Readmissions for Hepatic Encephalopathy

NCT04096014

Status	RECRUITING
Phase	Not Applicable
Sponsor	The Cleveland Clinic
Enrollment	40 participants

Key Eligibility Criteria

Inclusion (4)

- ≥ 18 years of age
- cirrhosis diagnosed by clinical history and liver biopsy and/or clinical, biochemical and imaging evidence of cirrhosis
- at least 1 hospitalization for documented HE within the last 12 months.
- abdominal CT scan anytime in the past

Exclusion (9)

- Patients with MELD score ≥ 35
- end stage organ failure (major dysfunction requiring organ support)
- kidney injury defined by a creatinine ≥ 2 mg/dl or rise in creatinine by 0.5 gm/dl from baseline that is unresponsive to withholding diuretics and intravenous albumin administration (1 gm/kg up to 100 gm/day)
- active malignancy
- uncontrolled diabetes mellitus with A1c ≥ 9.5 (to avoid altered muscle protein metabolism)
- ... and 4 more (see full listing online)

Locations (1 total)

Cleveland Clinic Foundation, Cleveland, Ohio, United States