

Development and Testing of a Mobile Health Application for Management of Gestational Diabetes

NCT04198857

Status	RECRUITING
Phase	Not Applicable
Sponsor	Rutgers, The State University of New Jersey
Enrollment	220 participants

Key Eligibility Criteria

Inclusion (6)

- receive antenatal care at Dhulikhel Hospital
- receive a GDM diagnosis based on Carpenter-Coustan criteria or fail the Glucose Challenge Test only
- less than 30 gestational weeks into pregnancy
- own a smartphone
- have internet connectivity at home
- ... and 1 more (see full listing online)

Exclusion (1)

- Patients with learning difficulties or vision/hearing impairments

Locations (1 total)

Dhulikhel Hospital, Kathmandu University Hospital, Dhulikhel, Kavrepalanchok, Nepal