

# The Effect of Yoga Practice on Chronic Back Pain

NCT04270617

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Status	RECRUITING
Phase	Not Applicable
Sponsor	NYU Langone Health
Enrollment	200 participants

## Key Eligibility Criteria

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### Inclusion (2)

- Willingness to and ability to participate in study procedures
- Chronic back pain (pain above the gluteal cleft of at least 3 months duration)

### Exclusion (2)

- Indication for surgery (i.e., fracture, infection, scoliosis, spondylolisthesis)
- Cardiac, pulmonary or other medical comorbidities that preclude participation in yoga practice

## Locations (1 total)

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NYULangone, New York, New York, United States