

# Internet Technology Based Life-style and Care Intervention for Risk Factors of Non Communicable DiseasesNCD

NCT04567121

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|------------|--------------------------------------|
| Status     | RECRUITING                           |
| Phase      | Not Applicable                       |
| Sponsor    | Beijing Tsinghua Chang Gung Hospital |
| Enrollment | 60,000 participants                  |

## Key Eligibility Criteria

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### Inclusion (2)

- Men and women older than 25 years of age with two or more risk factors as follows, BMle24 or BMId18.5 kg/m2, smoking, active exercise less than 30 minutes every day, blood pressure higher than 130/85 mmHg, dyslipidemia, fasting glucose higher than 6.1mmol/l, fatty liver.
- Patients with hypertension, diabetes and ASCVD

### Exclusion (3)

- Patients had not signed the consent form
- Patients with severe heart failure, hepatic failure, renal failure and malignant tumor.
- Patients planing pregnancy

## Locations (1 total)

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Beijing Tsinghua Changgung Hospital, Beijing, Beijing Municipality, China