

Acceptance and Commitment Therapy-based Rehabilitation of Post-concussion Symptoms

NCT04614922

Status	RECRUITING
Phase	Not Applicable
Sponsor	St. Olavs Hospital
Enrollment	48 participants

Key Eligibility Criteria

Inclusion (5)

- Having sustained a minimal HI or MTBI
- PCS/ PTH had evolved within 1 week after the head trauma.
- At least one post-concussion symptoms of at least moderate degree, that affects daily life.
- > 6 months post-injury.
- First line treatment has been tried, e.g. psychoeducation, increase of physical activity and pharmacological treatments for headache

Exclusion (4)

- More than 5 years since last injury.
- Symptoms are better explained by other conditions.
- Severe communication problems, typically due to poor knowledge of Norwegian.
- Severe psychiatric, neurological, somatic or substance abuse disorders that will make it problematic to function in a group and/or will complicate follow-up and outcome assessment.

Locations (1 total)

St Olavs Hospital Clinic of Physical Medicine and Rehabilitation, Trondheim, Norway