

# Active and Passive Exercise Training in Improving Vascular Function: Local vs Systemic Vascular Effect.

NCT04758754

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Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Milan
Enrollment	36 participants

## Key Eligibility Criteria

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### Inclusion (1)

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### Exclusion (5)

- neurological, vascular and musculoskeletal disorders of the lower and upper limbs;
- being on pharmacological therapy related to either neural and/or vascular response, including hormonal contraceptives and oral supplements;
- being a current or former smoker;
- having an irregular menstrual cycle (26 to 35 days) up to 3 months before the beginning of the study;
- contraindications to joint mobilization; regular involvement in a SLKE or PS training programme.

## Locations (1 total)

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Department of Biomedical Science for Health, Milan, Italy