

# Walking Ankle isoKinetic Exercise

NCT04800601

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	University Hospital, Limoges
<b>Enrollment</b>	60 participants

## Key Eligibility Criteria

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### Inclusion (5)

- First stroke,
- Ischemic or hemorrhagic stroke hospitalized in MPR in sub-acute phase (15 days to 3 months)
- Persistent deficiency of foot lifts (Medical Research Council testing: MRC  $\leq 5$ )
- Walking alone at least 10 meters with or without technical assistance
- Absence of pain in the lower limb (EVA  $\leq 2$ )

### Exclusion (6)

- Cognitive or phasic disorders that do not make it possible to understand the instructions: Boston Scale BDAE  $\leq 2$
- Gait disorder before stroke
- Fixed stiffness of the ankle (irreducible equine less than 30 °)
- Spasticity too important: Modified Ashworth (MAS) greater than or equal to 4.
- Pregnancy or desire for pregnancy, breastfeeding
- ... and 1 more (see full listing online)

## Locations (7 total)

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Reeducation Institute Les Embruns, Bidart, France  
University Hospital, Bordeaux, France  
DUBOIS Hospital, Brive-la-Gaillarde, France  
... and 4 more locations