

# Prosthesis Versus Active Exercise Program in Patients With Rotator Cuff Arthropathy

NCT04864158

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	University of Aarhus
<b>Enrollment</b>	102 participants

## Key Eligibility Criteria

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### Inclusion (3)

- Patients 60-85 years
- Eligible for RSA
- Rotator cuff arthropathy according to Hamada grade 3, 4 and 5 (33)

### Exclusion (7)

- Previous shoulder fracture (fracture of the proximal humerus or glenoid fracture)
- Planned other upper extremity surgery within six months
- Rheumatoid arthritis or other types of arthritis not diagnosed as primary glenohumeral OA
- Cancer diagnosis and receiving chemo-, immuno- or radiotherapy
- Neurological diseases affecting shoulder mobility (e.g. disability after previous stroke, multiple sclerosis, Parkinson's, Alzheimer's disease)

... and 2 more (see full listing online)

## Locations (8 total)

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Aarhus University Hospital, Aarhus N, Denmark  
Esbjerg Hospital, Esbjerg, Denmark  
Aalborg University Hospital, Farsø, Denmark  
... and 5 more locations