

Time-Restricted Feeding Intervention in Metabolically-Unhealthy Postmenopausal Women

NCT04893226

Status	RECRUITING
Phase	Not Applicable
Sponsor	Julie Pendergast
Enrollment	164 participants

Key Eligibility Criteria

Inclusion (3)

- postmenopausal women
- age 45-65 years
- prediabetic or have at least 2 features of metabolic syndrome

Exclusion (15)

- on hormone therapy
- diabetes
- heart disease
- alcohol consumption of ≥ 2 drinks per day
- significant circadian disruption
- ... and 10 more (see full listing online)

Locations (1 total)

University of Kentucky, Lexington, Kentucky, United States