

# A Multicenter Study for Evaluating a Digital Support System in Childhood Obesity Treatment

NCT04917601

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Karolinska Institutet
Enrollment	680 participants

## Key Eligibility Criteria

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### Inclusion (5)

- Age  $\geq 4.0$  and  $< 17.0$  years of age at inclusion
- Obesity defined based on the International Obesity Task Force criteria iso-BMI 30 - 40 kg/m<sup>2</sup>
- Willingness to participate in an obesity treatment clinical trial
- Family ability to communicate in the language of the country of residence e.g. write and read messages in the mobile application
- Parents having a smart phone and an email address

### Exclusion (8)

- Morbid obesity defined as iso-BMI  $> 40$  kg/m<sup>2</sup> independently of age
  - Endocrine disorders other than well controlled hypothyroidism
  - Metabolic disorders of importance for weight control - to be discussed
  - Treatment for depression and other psychiatric disorders during the last 6 months before inclusion
  - Pharmacological treatment of importance for weight control
- ... and 3 more (see full listing online)

## Locations (5 total)

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University of Messina, Messina, Italy  
University of Campania Luigi Vanvitelli, Naples, Italy  
St. Olavs Hospital, Trondheim, Norway  
... and 2 more locations