

Predictive Value of Hydrogen/Methane Lactose Breath Testing on the Therapeutic Effect of Lactose-free Diet in Moderate to Severe ROME IV IBS.

NCT04974593

| | |
|-------------------|---------------------------------|
| Status | RECRUITING |
| Phase | Phase 3 |
| Sponsor | Universitair Ziekenhuis Brussel |
| Enrollment | 90 participants |

Key Eligibility Criteria

Inclusion (3)

- Fulfilling the ROME IV criteria for IBS;
- Moderate symptom severity as defined by a IBS-SSS \geq 175;
- Consumption of lactose containing products.

Exclusion (16)

- Clinical suspicion of an organic disorder different from LI or IBS (patients can be included when this disorder had been excluded);
- Known lactose intolerance or malabsorption;
- Known inflammatory bowel disorder;
- Known intestinal motility disorder;
- Alcohol (defined as more than 14 U per week) or other substance abuse;
- ... and 11 more (see full listing online)

Locations (1 total)

UZ Brussel, Jette, Brussels Capital, Belgium