

# Manual Therapy Effectivity and Exercises in Musicians

NCT04977349

---

<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Prof. Dr. Daniel Pecos Martín
<b>Enrollment</b>	40 participants

## Key Eligibility Criteria

---

### Inclusion (4)

- Metal or wood wind musicians
- Orofacial pain during the practice in the last 30 days.
- More than 20 hours by week in the practice.
- Between 18-65 years old.

### Exclusion (4)

- Neurological diseases.
- Analgesics previous treatments.
- Any trauma or bone fractures in skull or cervical spine.
- Any surgical intervention in cervical spine, orofacial region or temporo-mandibular joint.

## Locations (2 total)

---

Overall Study Officials, Alcalá de Henares, Madrid, Spain  
Nursing and Physiotherapy Faculty, Alcalá de Henares, Madrid, Spain