

Behavioral Weight Loss Intervention Utilizing Mobile Health Technology in Hematopoietic Stem Cell Transplant Patients

NCT04997473

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of California, Los Angeles
Enrollment	20 participants

Key Eligibility Criteria

Inclusion (4)

- Patients e 13 and d 30 years old with a history of HSCT of any type, at least 100 days post-transplant at initial consultation of the study, will be eligible for the study.
- Both male and female patients will be eligible.
- Patients must classify as obese, represented as Body mass index \[BMI\] e85th percentile for age and gender.
- Patients must also be able to read English since the app intervention is only available in English form.

Exclusion (4)

- Patients who are d 13 or e 30 years old are not eligible for the study.
- Patients who are \< 100 days post-transplant at initial consultation will not be eligible for the study, but may become eligible if they are \>100 days post-transplant at their next consultation that falls within the enrollment window.
- Patients whose BMI does not fall under the obese category will be excluded.
- No patients will be excluded for any specific underlying medical condition, but decisions will be made on a case by case basis if a patient's functioning is deemed to significantly interfere with intervention participation.

Locations (1 total)

UCLA Mattel Children's Hospital, Los Angeles, California, United States