

The SLEEPR Study: SLEep Effects on Post-stroke Rehabilitation

NCT05012605

Status	RECRUITING
Sponsor	State University of New York - Upstate Medical University
Enrollment	200 participants

Key Eligibility Criteria

Inclusion (5)

- Diagnosis of stroke as defined by the WHO: "a rapid onset event of vascular origin reflecting a focal disturbance of cerebral function, excluding isolated impairments of higher function and persisting longer than 24 hours." Diagnosis of stroke will be confirmed by imaging or clinical diagnosis.
- Age 18 or older.
- Admitted to in-patient rehabilitation.
- National Institutes of Health Stroke Scale (NIHSS) item 1a score ≤ 2 (Level of consciousness: 0=alert, 1=not alert, but arousable by minor stimulation to obey, answer, or respond).
- Provision of informed consent by individual or by legally authorized representative.

Exclusion (9)

- Pre-stroke or current diagnosis of OSA or other sleep-related breathing disorder.
- Living in a nursing home or assisted living center prior to the stroke.
- Unable to ambulate 150' independently prior to the stroke.
- Other neurologic health condition that may impact recovery such as Parkinson Disease, Multiple Sclerosis, Traumatic Brain Injury, Alzheimer's Disease.
- Women who are pregnant.

... and 4 more (see full listing online)

Locations (6 total)

Emory University, Atlanta, Georgia, United States

KU Medical Center, The University of Kansas, Kansas City, Kansas, United States

Institute for Human Performance - Upstate Rehabilitation at IHP, Syracuse, New York, United States

... and 3 more locations