

Strain-Counterstrain Treatment of Piriformis Pain

NCT05023005

Status	RECRUITING
Phase	Not Applicable
Sponsor	Loma Linda University
Enrollment	30 participants

Key Eligibility Criteria

Inclusion (2)

- to 65 years of age
- Tender point (or trigger point) in piriformis muscle determined by physical exam

Exclusion (10)

- Less than 45 degrees of active hip flexion, less than 5 degrees of active hip internal rotation or less than 30 degrees of active hip external rotation, on side of affected piriformis
- Unable to lay prone
- Non-English speaker
- Inability to attend 2 sessions within the same month
- Active cancer
- ... and 5 more (see full listing online)

Locations (1 total)

Loma Linda University Health, Loma Linda, California, United States