

# Effectiveness of Percutaneous Pulley Release With Infiltration, Versus Infiltration Alone in Trigger Finders

NCT05045157

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Centre Hospitalier Departemental Vendee
Enrollment	90 participants

## Key Eligibility Criteria

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### Inclusion (9)

- Patient e 18 years old,
- Presence of a trigger finger (thumb or long fingers) to be treated
- Quinnell score  $\geq 1$
- Episode of trigger characterized on questioning or clinical examination
- Failure of a first corticosteroid infiltration  $\geq 3$  months before inclusion

... and 4 more (see full listing online)

### Exclusion (19)

- Presence of several symptomatic fingers requiring treatment by ultrasound-guided section of the pulley
- Patient who are pregnant, breastfeeding, or who have the potential to become pregnant without effective contraception at the time of inclusion
- Known allergy to corticoid (Hydrocortancyl®) including its excipients ((benzyl alcohol, sodium carmellose, sodium chloride, polysorbate 80)
- Known allergies to lidocaine
- Ongoing anticoagulant treatments (AVK, New Oral Anti-Coagulants)

... and 14 more (see full listing online)

## Locations (4 total)

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Hopital Henri Mondor, Créteil, France  
CHD Vendée, La Roche-sur-Yon, France  
CHU Nantes, Nantes, France  
... and 1 more locations