

Immunomodulatory Effects of Fasting in Healthy Adults

NCT05104502

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of California, Davis
Enrollment	4 participants

Key Eligibility Criteria

Inclusion (8)

- Age: 20-40 years, to constitute a young study population
- Gender: male subjects, to control for gender differences
- BMI: 19-27 kg/m² to constitute a normal/healthy weight population
- Weight: 120 lbs or more
- Fasting glucose: 70-100 mg/dL, to ensure that fasting can be tolerated without inducing dangerously low levels of blood glucose
- ... and 3 more (see full listing online)

Exclusion (11)

- Current smoking
- Anemia
- Pregnancy or current breastfeeding
- Chronic diseases including diabetes mellitus, thyroid disease, metabolic syndrome, cancer, or previous cardiovascular events
- Gastrointestinal diseases including irritable bowel syndrome, Crohn's disease, ulcerative colitis, celiac disease
- ... and 6 more (see full listing online)

Locations (1 total)

UC Davis, Sacramento, California, United States