

# Metabolic Control and Patient Well-being in Phenylketonuria: do Guidelines Make a Difference?

NCT05128149

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**Status** RECRUITING  
**Sponsor** University Children's Hospital, Zurich  
**Enrollment** 200 participants

## Key Eligibility Criteria

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### Inclusion (3)

- Parents of patients with PKU aged 10 to 18 years requiring dietary and / or pharmacological treatment according to locally applied guidelines
- Ability and willingness to answer the questionnaires and follow the study procedures
- Informed consent as documented by signature

### Exclusion (4)

- Inability to follow the procedures of the study, e.g. due to language problems or severely reduced health status
- Pregnant patients or patients who have disclosed to their physician that they are planning a pregnancy in the near future
- Hyperphenylalaninaemia or mild forms of PKU or other inborn errors associated with elevated Phe but not requiring dietary and / or pharmacological treatment according to locally applied guidelines
- No inform

## Locations (1 total)

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University Childrens Hospital Zürich, Zurich, Switzerland