

FRAME Study (Frailty-Related Ankle Fracture Management and Evaluation)

NCT05131321

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| Status | RECRUITING |
| Sponsor | London Health Sciences Centre Research Institute OR Lawson Research Institute of St. Joseph's |
| Enrollment | 172 participants |

Key Eligibility Criteria

Inclusion (5)

- (i) Age \geq 60 years (ii) One or more of the following:
 - Severe soft tissue compromise
 - Significant co-morbidities (vascular disease + chronic trophic changes, diabetes + neuropathy, chronic renal failure, morbid obesity (BMI $>$ 40))
 - Frailty as defined by a Dalhousie Clinical Frailty Scale score \geq 4
- (i) Isolated fracture (within 4 weeks of injury): an AO/OTA type 43C2 or C3 tibial pilon fracture or severe ankle fracture (fracture-dislocation, severe joint impaction, severe trimalleolar)

Exclusion (1)

- (i) Presence of vascular injury or pathologic fracture; (ii) Previous tibia pilon fracture or retained hardware in affected limb; (iii) Refusal to participate; (iv) Inability to obtain informed consent due to language barrier

Locations (1 total)

London Health Sciences Centre, London, Ontario, Canada