

Our Relationship for Veteran Couples

NCT05136651

Status	RECRUITING
Phase	Not Applicable
Sponsor	VA Office of Research and Development
Enrollment	180 participants

Key Eligibility Criteria

Inclusion (7)

- Participants will be couples consisting of a Veteran referred from a mental health care clinic at VA San Diego Healthcare System and their spouse or romantic partner who is willing to participate
- Couples must:
 - both speak, read, and write English
 - be married, living together, or in a relationship for at least 12 months
 - endorse clinically significant relationship distress by one or both partner's reports (i.e., ≤ 104.5 on the Couples Satisfaction Index-32)

... and 2 more (see full listing online)

Exclusion (7)

- Couples will be excluded if either partner reports
 - an active substance use disorder within the past three months (i.e., 2+ on the TAPS screening tool for a single substance followed by positive diagnosis in clinical interview)
 - a diagnosis of a psychotic or bipolar disorder with current uncontrolled symptoms (by self-report)
 - a diagnosis of severe cognitive impairment or intellectual disability (by self-report)
 - severe physical or sexual relationship aggression during the past 12 months (i.e., 10+ on the Hurt-Insult-Threaten-Scream [HITS] screening tool followed by clinical interview)

... and 2 more (see full listing online)

Locations (1 total)

VA San Diego Healthcare System, San Diego, CA, San Diego, California, United States

<https://clinicaltrials.gov/study/NCT05136651>

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