

# Building Resiliency in Dyads of Patients With an ANI Admitted to the Neuro-ICU and Their Informal Caregivers

NCT05157880

---

Status	RECRUITING
Phase	Not Applicable
Sponsor	Massachusetts General Hospital
Enrollment	388 participants

## Key Eligibility Criteria

---

### Inclusion (5)

- Age 18 or older
- English fluency and literacy
- Patient with an informal caregiver available and willing to participate
- Hospitalized with any ANI within 6 weeks (patient) OR informal caregiver of a patient currently admitted with any ANI
- Patient and/or caregiver exhibit emotional distress on screening (using HADS D and/or HADS A scores  $> 7$ )

### Exclusion (6)

- Permanent cognitive impairment (including severe hearing impairment) or aphasia that makes participation impossible
- Short form of Mini-Mental State Exam (SMMSE) score  $< 4$  (If SMMSE  $< 4$ , nursing team decides whether or not the patient can meaningfully participate)
- Glasgow Coma Scale (GCS) score  $< 10$
- Terminal diagnosis
- Lack of access to internet and/or a device with a camera
- ... and 1 more (see full listing online)

## Locations (1 total)

---

Massachusetts General Hospital (MGH), Boston, Massachusetts, United States