

# Comparison of Methods in Post Operative Hip Arthroscopy Rehabilitation

NCT05165927

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Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Colorado, Denver
Enrollment	120 participants

## Key Eligibility Criteria

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### Inclusion (1)

- patients with labral tears, femoroacetabular impingement syndrome, loose bodies, ligamentum teres tears, and related intra-articular pathology to be treated with hip arthroscopy. Patients must also have access to a smartphone device in order to utilize the SAGA BFR application for use. The application is free to use.

### Exclusion (10)

- bilateral hip surgeries to be performed within 12 weeks of each other, concomitant Peri-acetabular osteotomy, soft tissue repairs (hamstring, glute repairs), clinically diagnosed hip dysplasia, and the following BFR contraindications:
- Deep Vein Thrombosis (DVT)
- Pulmonary Embolism
- Hemorrhagic/Thrombolytic Stroke
- Clotting Disorders
- ... and 5 more (see full listing online)

## Locations (1 total)

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UCHealth Steadman Hawkins Clinic Denver, Englewood, Colorado, United States