

Equine-assisted Therapy for Therapy-resistant Adolescents With Autism Spectrum Disorders, a Replicated AB-design

NCT05200351

Status	RECRUITING
Phase	Not Applicable
Sponsor	Karakter Kinder- en Jeugdpsychiatrie
Enrollment	35 participants

Key Eligibility Criteria

Inclusion (4)

- between 11-18 years old;
- a clinical diagnosis of autism spectrum disorders according the Diagnostic and Statistical Manual of Mental Disorders 5 (DSM 5) as diagnosed by a Beroepen in de Individuele Gezondheidszorg (BIG) registered healthcare professional;
- insufficient emotion regulation after regular therapy for at least 1,5 years as indicated by a score above clinical cut-off (T-score = 65) on the EDI;
- comorbidities are allowed except for those interfering with safety.

Exclusion (9)

- unable to respond to questions (parents or adolescents);
- no access to an Internet connection;
- insufficient mastery of Dutch language in parents or adolescents;
- physically incapable to work with the horses;
- unstable medication use;
- ... and 4 more (see full listing online)

Locations (3 total)

Karakter, Ede, Gelderland, Netherlands
Horses & Co, Heerjansdam, Netherlands
De Gagelhoeve, Mill, Netherlands