

# GENESIS: Genotype Guided - Natriuretic Peptides - Cardiometabolic Health Study

NCT05216042

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Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Alabama at Birmingham
Enrollment	200 participants

## Key Eligibility Criteria

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### Inclusion (3)

- Adults: Age more than or equal to 18; an equal number of Males and Females
- Consent to the collection of genetic material
- Willing to adhere to the study protocol

### Exclusion (11)

- Age  $\lt 18$ , at screening.
- BMI  $\gt 45$  kg/m<sup>2</sup>.
- Blood pressure more than 140/90 mmHg.
- Participants who are taking more than 2 hypertension medications.
- History of diabetes or fasting plasma glucose  $\gt 126$  mg/dl or HbA1C  $\geq 6.5\%$  or prior treatment with antidiabetic medication.
- ... and 6 more (see full listing online)

## Locations (1 total)

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University of Alabama at Birmingham, Birmingham, Alabama, United States