

Better Lifestyle Counseling for African American Women During Pregnancy

NCT05234125

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Illinois at Chicago
Enrollment	150 participants

Key Eligibility Criteria

Inclusion (6)

- African American pregnant woman.
- Women between 16 and 22 GWs.
- Overweight or obese - pregravid Body Mass Index ≥ 25.0 kg/m².
- Singleton gestation.
- Established prenatal care at The University of Illinois Hospital & Health Sciences.

... and 1 more (see full listing online)

Exclusion (10)

- Multiple gestations.
- Night-shift work.
- Diagnosed sleep disorders.
- Known fetal chromosomal or anatomical abnormalities.
- Diagnosed mood disorders.

... and 5 more (see full listing online)

Locations (2 total)

University of Illinois at Chicago, Chicago, Illinois, United States
University of Illinois at Chicago, Chicago, Illinois, United States