

# The MELAcare Study: A New Method for Surveillance of Melanoma Patients

NCT05253872

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Herlev and Gentofte Hospital
Enrollment	378 participants

## Plain Language Summary

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This study is testing a new follow-up method for melanoma patients who have had their early-stage skin cancer removed. Instead of regular hospital check-ups, participants will be trained to examine their own skin at home. Researchers want to see if this approach keeps patients safe while reducing the burden of frequent clinic visits.

**\*\*You may be eligible if...\*\***

- You can read and understand Danish
- You have had a stage IA-IIA melanoma surgically removed within the last 3 months
- You are willing to learn and perform regular skin self-exams

**\*\*You may NOT be eligible if...\*\***

- You have advanced melanoma (stage IIB, IIC, III, or IV)
- You have dysplastic nevus syndrome or a strong family history of melanoma
- You have had a previous melanoma
- You have had another cancer (other than non-melanoma skin cancer)
- You have a physical or mental disability that makes skin self-examination impossible
- Your sentinel lymph node could not be detected (for stage IB-IIA patients)

Talk to your doctor to see if this trial is right for you.

## Key Eligibility Criteria

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### Inclusion (3)

- Ability to read and understand Danish language
- Willing and able to give written informed consent
- Surgical treatment of a clinical stage IA-IIA melanoma within 3 months of inclusion

### Exclusion (6)

- Advanced melanoma, clinical stages IIB, IIC, III, or IV
- Patients with high risk of a new primary melanoma (dysplastic nevus syndrome, or family history of melanoma)
- History of melanoma skin cancer prior to the index diagnosis
- Previous cancer, excluding non-melanoma skin cancer
- Comorbidity that makes skin self-examination impossible (e.g. physical or mental disabilities, dementia or decreased cognitive function)

... and 1 more (see full listing online)

## Locations (1 total)

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Herlev and Gentofte Hospital, Copenhagen, Denmark

<https://clinicaltrials.gov/study/NCT05253872>

DISCLAIMER: This document is for informational purposes only and does not constitute medical advice. Always consult your healthcare provider before enrolling in any clinical trial. Information may not be up to date — verify details at [ClinicalTrials.gov](https://clinicaltrials.gov). Generated by [ClinicalTrialsFinder.org](https://clinicaltrialsfinder.org).