

Mode of Exercise and Bone Biomarkers in Older Veterans

NCT05266976

Status	RECRUITING
Phase	Not Applicable
Sponsor	VA Office of Research and Development
Enrollment	120 participants

Key Eligibility Criteria

Inclusion (2)

- Healthy older (60+ y) Veteran women and men in the Denver Metro Area
- Normally active (e.g., recreational cycling or walking exercise)

Exclusion (12)

- Impaired renal function, defined as an eGFR of ≤ 60 mL/min/1.73m²
- Hepatobiliary disease, defined as liver function tests (AST, ALT) ≥ 1.5 times the upper limit of normal
- Thyroid dysfunction, defined as an ultrasensitive thyroid stimulating hormone (TSH) ≤ 0.5 or ≥ 5.0 mU/L
- Serum Ca ≤ 8.5 or ≥ 10.3 mg/dL
- Serum 25(OH)D ≤ 20 ng/mL
- ... and 7 more (see full listing online)

Locations (1 total)

Rocky Mountain Regional VA Medical Center, Aurora, CO, Aurora, Colorado, United States