

# Improving Mental Health for Care Partners of Persons With AD/ADRD

NCT05334992

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Texas Tech University
<b>Enrollment</b>	60 participants

## Key Eligibility Criteria

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### Inclusion (4)

- Participants must be informal caregivers (e.g., spouse; child; close friend) of individuals with dementia
- Informal caregivers can be family members or close friends
- Adults (18 to 89 years old) who read, write, and speak in English
- Mental Health Diagnosis (e.g., Generalized Anxiety Disorder; Major Depressive Disorder)

### Exclusion (2)

- Formal caregivers (who are being paid to take care of the patient)
- Any informal caregivers with cognitive impairment is identified during the assessment.

## Locations (1 total)

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Texas Tech University, Lubbock, Texas, United States