

# Church-based Intervention to Improve Physical Function

NCT05345041

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Rush University Medical Center
<b>Enrollment</b>	360 participants

## Key Eligibility Criteria

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### Inclusion (10)

- Churches (Community-level):
- Membership of 300 or more adults
- Located in Cook, Lake, Dupage, Will, McHenry, Kane, or Kendall counties
- Participants (Individual-level):
- Age 40 or older
- ... and 5 more (see full listing online)

### Exclusion (8)

- Participants (Individual-level):
- Severe cognitive impairment, defined as five or more errors on the Short-Portable Mental Status Questionnaire
- Unable to consistently attend group classes at a scheduled time due to lack of reliable transportation, schedule conflicts, travel, plans to relocate, upcoming surgery, etc.
- Participating in a medically supervised rehabilitation program such as cardiac rehab
- Inpatient treatment for a psychiatric condition within the past 6 months, or currently receiving treatment for schizophrenia or other serious psychiatric illness
- ... and 3 more (see full listing online)

## Locations (1 total)

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Rush University Medical Center, Chicago, Illinois, United States