

Collaborative Care in Posttraumatic Epilepsy

NCT05353452

Status	RECRUITING
Phase	Not Applicable
Sponsor	Wake Forest University Health Sciences
Enrollment	40 participants

Plain Language Summary

This study is testing a collaborative care model — where neurologists, mental health specialists, and care coordinators work together — to improve mental health outcomes (specifically anxiety and depression) in people with post-traumatic epilepsy (epilepsy caused by a traumatic brain injury).

****You may be eligible if...****

- You have been diagnosed with epilepsy caused by a traumatic brain injury
- You have significant symptoms of anxiety or depression (based on standardized questionnaires)
- You are receiving neurological care at one of the study sites

****You may NOT be eligible if...****

- You are already receiving active psychiatric treatment that would overlap with the study's collaborative care program
- You have active suicidal ideation or a history of suicide attempts
- You have unstable drug or alcohol abuse
- You have an unstable or progressive medical condition
- You are currently enrolled in another treatment study
- You have cognitive limitations that prevent completing self-report questionnaires

Talk to your doctor to see if this trial is right for you.

Key Eligibility Criteria

Inclusion (8)

- Provision of signed and dated informed consent form
- Stated willingness to comply with all study procedures
- Diagnosis of post-traumatic epilepsy, defined by the following:
 - Epilepsy diagnosis based on neurology clinician impression of diagnosis or electroencephalogram (EEG) findings (EEG findings: presence of interictal epileptiform discharges on EEG or ictal EEG recording of seizure definitively documenting epilepsy diagnosis)
 - History of at least mild traumatic brain injury based on the MIRECC (Mental Illness Research, Education, and Clinical Center) TBI (Traumatic Brain Injury) screening instrument or verified TBI history based on MIRECC research database
- ... and 3 more (see full listing online)

Exclusion (7)

- Active ongoing treatment by a psychiatrist without the potential to benefit from additional collaborative care for anxiety or depression in the judgement of the investigators
- Active suicidal ideation
- History of past suicide attempt
- Unstable drug or alcohol abuse
- Unstable or progressive comorbid medical condition

<https://clinicaltrials.gov/study/NCT05353452>

DISCLAIMER: This document is for informational purposes only and does not constitute medical advice. Always consult your healthcare provider before enrolling in any clinical trial. Information may not be up to date — verify details at [ClinicalTrials.gov](https://clinicaltrials.gov). Generated by [ClinicalTrialsFinder.org](https://clinicaltrialsfinder.org).

Locations (1 total)

Atrium Health Wake Forest Baptist, Winston-Salem, North Carolina, United States

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