

Acceptance and Commitment Therapy for Caregivers of Children With a RASopathy: An Internal Pilot Feasibility Study and Follow-up Randomized Controlled Trial

NCT05361811

Status	RECRUITING
Phase	Not Applicable
Sponsor	National Cancer Institute (NCI)
Enrollment	70 participants

Key Eligibility Criteria

Inclusion (8)

- Ability to understand and the willingness to sign a written informed consent document
 - Ability to read and speak English
 - Age \geq 18 years
 - Caregiver (defined as parent or legal guardian) of a child ($<$ 18 years) with a diagnosis of a RASopathy syndrome including NF1, Noonan Syndrome, Legius Syndrome, CFC, and Costello Syndrome, or another RASopathy
 - The participant's child with a RASopathy must live with them at least 50% of the time
- ... and 3 more (see full listing online)

Exclusion (2)

- Another caregiver in the same household is participating in this protocol. If two caregivers in the same household want to participate, we will inform them that one can enroll on the protocol and the other can receive the intervention materials (e.g., parent workbook, audio recordings) to practice on their own. The reason for this is that parents participating with their partner may interact with the intervention differently and have more direct support than other participants. We will collect data on how many caregivers live in the household and how often the second parent engaged with the parent workbook and audio recordings in our pre and post study questionnaires.
- Uncontrolled psychiatric illness, cognitive impairments, or other circumstance as judged by the Principal Investigator, a licensed psychologist, that would limit compliance with study requirements

Locations (1 total)

National Cancer Institute (NCI), Bethesda, Maryland, United States