

# Improving Blood Lipid Management in Symptomatic Intracranial Atherosclerotic Stenosis on Clinical Outcome

NCT05397405

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Nanjing First Hospital, Nanjing Medical University
Enrollment	180 participants

## Key Eligibility Criteria

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### Inclusion (6)

- Age ≥18 years
- Symptomatic intracranial atherosclerotic stenosis of moderate to severe, did not receive intravenous thrombolysis, thrombectomy, stent implantation and other intravascular treatment
- low density lipoprotein cholesterol > 70mg/dl (1.8mmol/L)
- Receive 3T magnetic resonance angiography or multi-mode MR (high resolution is required), angiography can be included, and images for analysis can be obtained.
- Lipid-lowering indications of statins
- ... and 1 more (see full listing online)

### Exclusion (7)

- Contraindications to statins
- There are contraindications to MRI examination or cannot accept MRI examination
- Stenosis caused by vasculitis, arterial dissection and moyamoya disease
- Patients with active bleeding or obvious bleeding tendency
- Severe heart, lung, renal insufficiency, malignant tumor or other malignant diseases, and death is highly likely within 7 days; pregnancy or women who are lactating
- ... and 2 more (see full listing online)

## Locations (2 total)

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Nanjing First Hospital, Nanjing Medical University, Nanjing, Jiangsu, China  
Nanjing First Hospital, Nanjing, Jiangsu, China