

Galactagogue Use in Lactating Women With Low Milk Supply

NCT05398367

Status	RECRUITING
Phase	Not Applicable
Sponsor	Winthrop University
Enrollment	120 participants

Key Eligibility Criteria

Inclusion (4)

- Be struggling with diagnosed or perceived low milk supply
- Be willing to consume a randomly assigned galactagogue or placebo supplement
- Be willing to provide a blood sample at each lactation consult (day 1, 10, 20)
- Be willing to provide 24-hour expressed milk volume either using pre- and post-feed weights, total pump output, or a combination of both on day 1, 10, and 20

Exclusion (5)

- They have a history of breast reduction
- They have a history of utilizing in vitro fertilization
- They are not a biological female with mammary glands present for producing milk
- They have consumed galactagogues with the intention of increasing their milk supply during the current lactation cycle
- They are under age 18 or above age 39

Locations (1 total)

Winthrop University, Rock Hill, South Carolina, United States