

# Transoral Endoscopic Thyroidectomy by Vestibular Approach (TOET-VA)

NCT05412680

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Fábio de Aquino Capelli
Enrollment	60 participants

## Plain Language Summary

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This study is evaluating a minimally invasive thyroid surgery technique that goes through the mouth (via the vestibule — the space between the lower lip and gums) instead of making a cut in the neck. This approach leaves no visible scar on the neck.

**\*\*You may be eligible if...\*\***

- You have a strong desire to avoid a neck scar, or a history of excessive scarring
- Your thyroid gland is not too large (less than 10 cm) and your dominant nodule is under 6 cm
- Your estimated thyroid volume is under 45 mL
- You have a benign thyroid condition, an indeterminate nodule, or a small suspicious nodule (less than 2 cm)

**\*\*You may NOT be eligible if...\*\***

- You have had prior surgery or radiation to the head, neck, or upper chest
- You have active hyperthyroidism
- You have nerve palsy in the throat
- Your cancer has spread to lymph nodes or is large/aggressive

Talk to your doctor to see if this trial is right for you.

## Key Eligibility Criteria

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### Inclusion (6)

- history of hypertrophic scarring and/or motivation to avoid cervical scarring,
- maximum diameter of the thyroid  $\leq$  10 cm and of the dominant nodule  $\leq$  6 cm,
- estimated thyroid volume  $\leq$  45 ml
- benign lesion (multinodular goiter, cyst),
- indeterminate nodule (Bethesda III or IV),
- ... and 1 more (see full listing online)

### Exclusion (7)

- history of previous surgery or irradiation in the head and neck region and superior mediastinum
- evidence of clinical hyperthyroidism
- preoperative recurrent nerve palsy
- lymph node metastasis
- extra-thyroid extension
- ... and 2 more (see full listing online)

## Locations (1 total)

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<https://clinicaltrials.gov/study/NCT05412680>  
ICESP, São Paulo, São Paulo, Brazil

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