

The Effect of a Combined Personalized Nutritional Intervention and a Personalized Graded Activity Functional Training Program on Physical Performance in Hospitalized Older Patients, Compared to Usual Care

NCT05413616

Status	RECRUITING
Phase	Not Applicable
Sponsor	Radboud University Medical Center
Enrollment	136 participants

Key Eligibility Criteria

Inclusion (6)

- Aged e65 years
- Living within the Nijmegen area (within 40km)
- Admitted to clinical ward of Radboudumc or CWZ
- Understanding and speaking of the Dutch language
- Mentally competent

... and 1 more (see full listing online)

Exclusion (2)

- Complete use of tube feeding or parenteral nutrition
- Renal insufficiency (MDRD-GFR \leq 30ml/min)

Locations (1 total)

Sabien van Exter, Nijmegen, Gelderland, Netherlands