

# Clinical Trial of Blenderized Tube Feeds Varying in Viscosity

NCT05417958

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Boston Children's Hospital
<b>Enrollment</b>	40 participants

## Key Eligibility Criteria

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### Inclusion (5)

- age  $\geq$  1 year
- $\geq$ 90% of total calories via G-tube for  $\geq$  6 months
- G-tube diameter  $\leq$  14 French
- moderate severity of upper GI symptoms of nausea, bloating, postprandial fullness and early satiety defined as Gastroparesis Cardinal Symptom Index-Daily Diary (GCSI-DD) composite score  $\geq$  2
- anticipated stable GI-related medications for the duration of the study.

### Exclusion (6)

- cystic fibrosis, primary ciliary dyskinesia, interstitial lung disease, bronchiolitis obliterans, or lung transplant
- untreated malabsorptive intestinal disease (e.g. Crohn's disease, celiac disease)
- Nissen fundoplication
- use of non-standard enteral formulas (e.g. ketogenic formulas) for the management of metabolic, endocrine or neurologic rare diseases
- allergy or intolerance to any component of the study diet
- ... and 1 more (see full listing online)

## Locations (1 total)

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Boston Children's Hospital, Boston, Massachusetts, United States