

Virtual Care Strategies to Improve Participation in Cardiac Rehabilitation Among Veterans

NCT05423158

Status	RECRUITING
Phase	Phase 2
Sponsor	VA Office of Research and Development
Enrollment	150 participants

Key Eligibility Criteria

Inclusion (3)

- years of age
- History of cardiovascular disease that qualified participant for CR (MI, percutaneous coronary intervention, coronary artery bypass grafting, heart failure, valve surgery)
- Referral to participate in home-based Phase II CR.

Exclusion (4)

- Participation in center-based Phase II CR.
- Cognitive impairment (per Mini-Cog)
- Lack of English proficiency/literacy (Digital coaching will be conducted in English. Participants will need to speak/read English to receive intervention.)
- Unstable clinical conditions (e.g., unstable arrhythmias or heart block, active infection, uncontrolled hypertension, decompensated heart failure, unstable angina, etc.)

Locations (2 total)

San Francisco VA Medical Center, San Francisco, CA, San Francisco, California, United States
Atlanta VA Medical and Rehab Center, Decatur, GA, Decatur, Georgia, United States