

Outcomes Post Treatment: Impact on Motor Impairment of Sleep Efficiency in SCI (OPTIMISE SCI Trial)

NCT05473689

Status	RECRUITING
Phase	Not Applicable
Sponsor	University Health Network, Toronto
Enrollment	66 participants

Key Eligibility Criteria

Inclusion (3)

- English-speaking adults (18 years of age or older)
- Acute (d 30 days after injury), cervical/thoracic (injury level at C2 to T12), complete or incomplete (AIS A to D) SCI
- Not being treated for sleep apnea prior to the spinal cord impairment onset.

Exclusion (10)

- Non-traumatic spinal cord disease at risk for neurologic progression (e.g., demyelinating spine diseases such as neuromyelitis optica and multiple sclerosis, spinal cord malignancy)
- Concomitant diseases of the central nervous system
- Preinjury chronic pain
- Other pre-existing diseases of the central nervous system
- Significant psychiatric disorders with recent episode of exacerbation
- ... and 5 more (see full listing online)

Locations (1 total)

KITE Toronto Research Institute, Toronto, Ontario, Canada