

Psychological Intervention for Child Mental Health Based on Parental Reflective Functioning to Enhance Positive Parenting

NCT05490745

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| Status | RECRUITING |
| Phase | Not Applicable |
| Sponsor | University of Minho |
| Enrollment | 60 participants |

Key Eligibility Criteria

Inclusion (5)

- Age between 3 and 6 years old, inclusive
- Signaling in the screening (e16 in the SDQ total scale)
- CBCL (i.e., e60 on the Internalizing and/or Externalizing Scale) OR Parents report a high pandemic impact
- Parental informed consent and commitment to the planned psychological intervention.
- Parent is the child's legal guardian

Exclusion (3)

- Already receiving psychological intervention
- Presence of psychological problems not related to an adverse situation or not likely to be monitored within the scope of the proposed intervention (for example, autism spectrum or intellectual development disorders or, domestic violence, neglect or abuse prior to the adverse situation);
- Do not speak or understand Portuguese

Locations (1 total)

University of Minho, Braga, Braga District, Portugal