

Exercise Reset for Concussion in a Military Environment

NCT05498038

Status	RECRUITING
Phase	Not Applicable
Sponsor	State University of New York at Buffalo
Enrollment	168 participants

Key Eligibility Criteria

Inclusion (12)

- For the CSM Group:
 - Active-duty service member
 - Aged 18-40 years
 - Injury occurred within 9 days of injury
 - Diagnosed with concussion by an experienced clinician using standard international criteria
- ... and 7 more (see full listing online)

Exclusion (21)

- For the CSM group:
 - Moderate or severe TBI as indicated by a GCS score ≤ 13 , lesion on CT/MRI, and/or focal neurologic sign consistent with intracerebral lesion
 - Injury involving loss of consciousness for ≥ 30 minutes or post-traumatic amnesia ≥ 24 hours
 - Inability to exercise because of lower-extremity orthopedic injury, clinically significant vestibular or visual dysfunction, or increased cardiac risk
 - Pre-existing conditions that prevent participation in active testing and/or rehabilitation
- ... and 16 more (see full listing online)

Locations (2 total)

Fort Liberty, Fayetteville, North Carolina, United States
Camp LeJeune, Jacksonville, North Carolina, United States

<https://clinicaltrials.gov/study/NCT05498038>

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