

# Combating Physical Inactivity Pandemic in Kindergartens

NCT05521490

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|-------------------|-----------------------------|
| <b>Status</b>     | RECRUITING                  |
| <b>Phase</b>      | Not Applicable              |
| <b>Sponsor</b>    | The University of Hong Kong |
| <b>Enrollment</b> | 3,300 participants          |

## Key Eligibility Criteria

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### Inclusion (3)

- Children aged 5-6 years (limited number of children may be between 4-5 and 6-7 years)
- Able to communicate in Chinese
- Able to participate in physical activity in a standard kindergarten setting

### Exclusion (5)

- Inherent or serious disease limiting participation in physical activity (e.g., congenital heart disease, pediatric cancer, Down syndrome).
- Diagnosed mental illness impairing daily behavior and performance (e.g., anxiety disorder, depression, attention deficit hyperactivity disorder, psychotic disorders, autism spectrum disorder).
- Physical disability (e.g., physical handicap, assistive device to walk).
- Visual or hearing impairment.
- Cognitive deficit or intellectual disability that requires special care and educational needs (e.g., handicapped children with learning difficulties).

## Locations (1 total)

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LKS Faculty of Medicine, Hong Kong, Hong Kong