

Reducing Blood Pressure in Mid-life Adult Binge Drinkers

NCT05522075

Status	RECRUITING
Phase	Not Applicable
Sponsor	The University of Texas at Arlington
Enrollment	55 participants

Key Eligibility Criteria

Inclusion (3)

- Men and women (50-64 years of age) who do not drink alcohol, who drink at moderate levels, or who binge drink
- Female subjects will be postmenopausal (i.e., cessation of menses for e1 yr).
- Subjects who can speak and understand English.

Exclusion (9)

- a history of diabetes, cardiovascular disease, liver, or renal disease
- current or history of smoking and illicit drug use
- blood pressure e160/100 mm Hg
- other known traditional cardiovascular disease risks: obesity (BMIe35 kg/m2), or hyperlipidemia (total cholesterol\>230 mg/dl and/or LDL cholesterol\>160 mg/dl)
- active infection (in the past 2 months)
- ... and 4 more (see full listing online)

Locations (1 total)

University of Texas at Arlington, Arlington, Texas, United States