

Internet-based Treatment for Patients Suffering From Severe Functional Somatic Disorders

NCT0525598

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Aarhus
Enrollment	166 participants

Key Eligibility Criteria

Inclusion (5)

- Patients must fulfil the criteria for moderate-severe FSD operationalized as being diagnosed with either single/oligo-organ BDS, with 2 organ systems that are each affected by 3 or more symptoms, or multi-organ BDS, with 3 or 4 organ systems that are each affected by 3 or more symptoms.
- Patients must have symptom duration \geq 6 months.
- If older than 25, patients must have been active in the labor market or educational system for at least 12 months during the last 2 years.
- Patient must have access to a computer or tablet with internet connection.
- Patient must be able to understand, read, and write Danish fluently.

Exclusion (6)

- Patients are excluded from participation if they present with severe comorbid somatic or psychiatric disease that is insufficiently treated at the time of assessment and is deemed to constitute a potential barrier for engaging in the treatment.
 - Patients are excluded if they lack motivation to engage in internet-delivered treatment.
 - Patients are excluded if they have poor self-reported IT skills.
 - Patients are excluded if they lack informed consent.
 - Patients are excluded if they have ongoing treatments with opioids and benzodiazepines.
- ... and 1 more (see full listing online)

Locations (1 total)

Department of Functional Disorders, Aarhus C, Denmark, Denmark