

# Evaluation of the Efficacy and Safety of Metformin in the Myotonic Dystrophy Type 1 (Steinert's Disease)

NCT05532813

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Status	RECRUITING
Phase	Phase 3
Sponsor	Assistance Publique - Hôpitaux de Paris
Enrollment	142 participants

## Key Eligibility Criteria

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### Inclusion (8)

- DM1 disease confirmed by genetic analysis
- Men and women between 18 and 70 years of age.
- Preserved walking abilities (stick assistance possible)
- MIRS score 3 or 4
- Women of childbearing potential under efficient contraception during treatment
- ... and 3 more (see full listing online)

### Exclusion (13)

- Pregnant or breast-feeding women
- Men with an intention to conceive a child during the time of the study
- Contraindications to Metformin (hypersensitivity to metformin or to one of the excipients)
- Respiratory:
- Patient requiring tracheotomy or
- ... and 8 more (see full listing online)

## Locations (1 total)

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Neurology Department, Raymond-Poincaré hospital - APHP, Garches, France